

We are excited to share that our staff have been working hard to offer a variety of unique and engaging program opportunities for St. Croix Prep Students during June through August 2023!

These opportunities will be at no cost to enrolled St. Croix Prep students (incoming 1st-12th graders only) and are possible with remaining funds from our final year of a Federal COVID Relief grant.

SCPA will be offering limited programs for all ages throughout the summer focused on developing each student's academic potential, personal character, and leadership qualities.

These programs will feature a variety of experiences designed to build a stronger sense of school, self, and community. Summer Fun 2023 will consist of on and off-site programs for all ages, some led by St. Croix Prep staff and some by outside guest instructors. We will also be offering some fun day and overnight field-trips.

**Additional program opportunities were added May 26th  
Check back early June when we add more July-August programs**

**June 12-August 11: Summer Fun Programs Offered (*no programs offered July 3-7*)**

**August 23: St. Croix Prep 2023-2024 Back to School Night**

### ***SUMMER FUN 2023 - REGISTRATION FAQs***

- Even though there is no cost to participate, we are still using our Schoolpay system for registration purposes. Login to your account there to enroll your student(s).
- Program registration will close two weeks prior to the first/only day of a program. If the required minimum number of registrations are not met, some programs may be canceled, Families will be notified at that time, if that were to occur. If a program is full, students can sign up to be on a waitlist and will be contacted as space becomes available.

If you have other questions, please email [SummerFun@stcroixprep.org](mailto:SummerFun@stcroixprep.org)

## Opportunities for incoming 1st-4th Graders

### *PRIVATE LESSONS [multiple grades]*

Number of lessons offered will be based on instructor availability and program interest.

#### **Violin Private Lessons**

Duration options: 30, 45 or 60 minutes

Days: Wednesdays and Thursdays

Lessons availability: June 14-15, 21-22, 28-29, & July 12-13, July 19-20, & July 26-27, 2023

Instructor: Joan Molloy

Contact [joanmolloy@stcroixprep.org](mailto:joanmolloy@stcroixprep.org) to set up lessons.

Student will need to bring their own violin.

#### **Viola Private Lessons**

Duration options: 30, 45 or 60 minutes

Days: Tuesdays between 10:00am-1:00pm

Lessons availability: June 13, 20 or 27, July 11 or 18, and August 1, 2023

Instructor: Marissa Frye

Contact [marissafrye@stcroixprep.org](mailto:marissafrye@stcroixprep.org) to set up lessons.

#### **Cello and Bass Private Lessons**

Duration options: 30, 45 or 60 minutes

Days: Mondays and Fridays between 12:00-5:00pm

Lessons availability: Mondays and Fridays between June 12-Aug 11, 2023 (except July 3-7)

Instructor: Teddy Schumacher

Contact [teddyschumacher@stcroixprep.org](mailto:teddyschumacher@stcroixprep.org) to set up lessons.

Cello students will need to bring their own instrument but Bass students can borrow a school instrument.

## ***Day Trips or Programs***

### **SCPA Writers' Workshop**

Dates: June 19-22, 2023

Days: Monday-Thursday

Time: 11:00am-12:00pm

Grades: 3rd-5th (incoming)

Instructor: Douglas Fehlen

Location: SCPA Lower School classroom (TBD)

Maximum spots available: 12

This workshop provides an opportunity for young authors to hone their craft in a fun, dynamic setting that empowers them to express themselves among a cohort of supportive peers.

Culminating in the publication of a book of works produced during program sessions, each participant will contribute a piece of writing, becoming published young authors.

### **Shine Girls Community**

Dates: June 26-29, 2023

Days: Monday-Thursday

Time: 9:30-10:30am

Grades: 1st-2nd girls (incoming)

Instructor: Shine Program Staff

Location: SCPA Room TBD

Maximum spots available: 12

Shine Girls Community strives to change the world, one girl at a time by introducing girls to their many superpowers and teaching them that they are powerful beyond measure. These programs are designed to spark girls' confidence and help them find their strengths. Each program will feature Kindness Rocks, My Words Create My World, Discovering My Unique Superpowers and Self-Confidence/Self-Love. These programs include a discussion, craft, and music that can inspire and empower girls.

## **Shine Girls Community**

Dates: June 26-29, 2023

Days: Monday - Thursday

Time: 10:45-11:45am

Grades: 3rd - 4th girls (incoming)

Instructor: Shine Program Staff

Location: SCPA Room TBD

Maximum spots available: 12

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## **Gamelan Music 1**

Dates: June 26-30, 2023

Days: Monday-Friday

Time: 11:00am-12:00pm

Grades: 2nd-3rd (incoming)

Instructor: Heidi Gonzalez

Location: SCPA PAC

Maximum spots available: 20

Join us for this unique program with Sumunar Indonesian Music and Dance to introduce traditional Indonesian culture, music and traditions to students. Join us for a special performance for family and friends Friday morning.

Special note: Both sessions (11:00am-12:00pm and 12:15-1:15pm) need to meet a minimum number of 10 students for this program to occur. Gamelan Music 1 & 2 will perform together on Friday, June 30, at 11:00am.

## **Gamelan Music 2**

Dates: June 26-30\*, 2023

Days: Monday-Friday

Time: 12:15-1:15pm (\*Friday only 11:00am-12:00pm)

Grades: 4th-5th (incoming)

Instructor: Heidi Gonzalez

Location: SCPA PAC

Maximum spots available: 20

Join us for this unique program with Sumunar Indonesian Music and Dance to introduce traditional Indonesian culture, music and traditions to students. Join us for a special performance for family and friends Friday morning.

Special note: Both sessions (11:00am-12:00pm and 12:15-1:15pm) need to meet a minimum number of 10 students for this program to occur. Gamelan Music 1 & 2 will perform together on Friday, June 30, at 11:00am.

## **Kids Yoga & Mindfulness Camp**

Dates: July 10-13, 2023

Days: Monday-Thursday

Time: 9:00am-12:00pm

Grades: 1st-4th (incoming)

Instructors: Ashley Winger & Sarah Jansen

Location: SCPA Annex

Maximum spots available: 15

Students will explore yoga postures, read stories, learn fun breath practices to help regulate emotions, and mindfully experience their summer in a fun and creative way.

Please note: Students will need to bring a water bottle and their own yoga mat or beach towel.

## **Summer Books & Science Adventures**

Dates: July 10-13, 2023 and/or July 17-20, 2023

Days: Monday-Thursday

Time: 8:30-10:30am

Grades: 4th-5th (incoming)

Instructor: Kellie Nelson

Location: SCPA Room 121

Maximum spots available: 20

Join us as we read, discuss and experiment with science concepts centered around two different books! Scientific topics being discussed include earth science and properties of water, and physical science and the properties of energy. Please note: Students can sign up for one week or both.

## **English Learners Summer Fun**

Dates: July 17-20, 2023

Days: Monday-Thursday

Time: 9:30am-4:00pm

Grades: 1st-12th (incoming)

Instructors: Ksenia Carpenter & Lisa Mast

Location: SCPA Room 120 and multiple field trips

Maximum spots available: 32

Join us for this fun program featuring language activities and field trips to MN Zoo and MN Science Museum, and special guest instructors! Program will also include a walking field trip for a summer treat on the final day. Students can attend either week offered as activities will be different. Activities will be designed for each age group, improving students' vocabulary and socializing. Special registration note: This program is only for students who are in the English Language Program (also known as English as a Second Language) at SCPA who meet with Mrs. Carpenter or Mrs. Mast.

## **Shine Girls Community**

Dates: July 17-20, 2023

Days: Monday - Thursday

Time: 9:30 - 10:30am

Grades: 1st-2nd girls (incoming)

Instructor: Shine Program Staff

Location: SCPA Room TBD

Maximum spots available: 12

Shine Girls Community strives to change the world, one girl at a time by introducing girls to their many superpowers and teaching them that they are powerful beyond measure. These programs are designed to spark girls' confidence and help them find their strengths. Each program will feature Kindness Rocks, My Words Create My World, Discovering My Unique Superpowers and Self-Confidence/Self-Love. These programs include a discussion, craft, and music that can inspire and empower girls.

## **Shine Girls Community**

Dates: July 17-20, 2023

Days: Monday - Thursday

Time: 10:45-11:45am

Grades: 3rd - 4th girls (incoming)

Instructor: Shine Program Staff

Location: SCPA Room TBD

Maximum spots available: 12

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## **Build a Musical**

Dates: July 17-20, 2023

Days: Monday-Thursday

Time: 9:00am-12:00pm

Grades: 3rd-5th (incoming)

Instructors: Heidi Gonzalez & Allie Kroehler

Location: PAC

Maximum spots available: 40

Students will write and perform their own musical around three different musical theater songs. Throughout the week, students will work together and take on roles both on and off stage while learning about the process of creating a musical. After learning the music, students will write the scenes, cast themselves in the roles and work together to perform a show for family and friends!

Special Note: Mark your calendar now for July 20th at 11:00am for the show!

## **Carpenter Nature Center: Reptiles and Amphibians**

Date: July 27, 2023

Day: Thursday

Time: 10:15am - 2:30pm

Grades: 1st - 4th (incoming)

Instructors: St Croix Prep Program Instructors & Carpenter Nature Center Naturalists

Location: St. Croix Prep for drop-off/pick-up

Maximum Spots available: 30

Join us for this fun field trip to Carpenter Nature Center in Hastings where students will bring a bag lunch to enjoy outside and then become herpetologists and study the differences and similarities of reptiles and amphibians in live animals. This is an indoor program.



## **Carpenter Nature Center: Chow Time**

Date: July 28, 2023

Day: Friday

Time: 10:15am - 2:30pm

Grades: 1st - 4th (incoming)

Instructors: St Croix Prep Program Instructors & Carpenter Nature Center Naturalists

Location: St. Croix Prep for drop-off/pick-up

Maximum Spots available: 30

Join us for this fun field trip to Carpenter Nature Center in Hastings where students will bring a bag lunch to enjoy outside and then learn how animals get their food through playing a game, taking a hike and meeting some live animals and observing them eat.

## **Soccer Camp - Lower School**

Dates: July 31 - August 4 and August 7 - 11, 2023

Days: Monday - Friday

Time: 8:00 - 9:30 am

Grades: 1st - 4th (incoming)

Instructor: University of Wisconsin-River Falls Professor, Carlos Rojas

Location: St. Croix Prep fields and gym

Maximum Spots Available: 20

Soccer training designed to start developing or enhance individual skills and grow team values.

This program is over two weeks.

## **St. Croix River Trip**

Date: July 31, 2023

Day: Monday

Time: 9:00am-4:00pm

Grades: 3rd-8th (incoming)

Instructors: St Croix Prep Program Instructors

Location: SCPA Pick-Up/Drop-Off

Maximum spots available: 100

Join us for a special day visiting the St. Croix River with Wild Rivers Conservancy! Students will visit the St. Croix National Scenic Riverway Visitor Center in the morning learning from Park Rangers, have lunch, and then enjoy a private excursion aboard a paddle boat on the St. Croix River - sort of a mini Wild River Journey just for students from St. Croix Prep!

## **Kids Yoga & Mindfulness Camp**

Dates: July 31-August 3, 2023

Days: Monday-Thursday

Time: 9:00am-12:00pm

Grades: 1st-4th (incoming)

Instructors: Ashley Winger & Sarah Jansen

Location: SCPA Annex

Maximum spots available: 15

Students will explore yoga postures, read stories, learn fun breath practices to help regulate emotions, mindfully experience their summer in a fun and creative way. Please note: Students will need to bring a water bottle and their own yoga mat or beach towel.

## **English Learners Summer Fun 2**

Dates: August 7-10, 2023

Days: Monday-Thursday

Time: 9:30am-4:00pm

Grades: 1st-12th (incoming)

Instructors: Ksenia Carpenter & Lisa Mast

Location: SCPA Room 120 and multiple field trips

Maximum spots available: 32

Join us for this fun program featuring language activities, field trips to MN Zoo and MN Children's museum, and special guest instructors! Program will also include a walking field trip for a summer treat on the final day. Students can attend either week offered as activities will be different. Activities will be designed for each age group, improving students' vocabulary and socializing.

Special registration note: This program is only for students who are in the English Language Program (also known as English as a Second Language) at SCPA who meet with Mrs. Carpenter or Mrs. Mast.

## **Shine Girls Community**

Dates: August 7-11, 2023

Days: Monday - Thursday

Time: 9:30 - 10:30am

Grades: 1st-2nd girls (incoming)

Instructor: Shine Program Staff

Location: SCPA Room TBD

Maximum spots available: 12

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## **Shine Girls Community**

Dates: August 7-11, 2023

Days: Monday - Thursday

Time: 10:45 - 11:45am

Grades: 3rd - 4th girls (incoming)

Instructor: Shine Program Staff

Location: SCPA Room TBD

Maximum spots available: 12

Shine Girls Community strives to change the world, one girl at a time by introducing girls to their many superpowers and teaching them that they are powerful beyond measure. These programs are designed to spark girls' confidence and help them find their strengths. Each program will feature Kindness Rocks, My Words Create My World, Discovering My Unique Superpowers and Self-Confidence/Self-Love. These programs include a discussion, craft, and music that can inspire and empower girls.

## ***Multi-Week Programs***

### **Spanish Club**

Dates: June 12-15 and June 19-22, 2023

Days: Monday-Thursday

Time: 11:15am-12:15pm

Grades: 4th-5th (incoming)

Instructors: Amanda Preisler & Lisa Mast

Location: SCPA Room 126

Maximum spots available: 30

Program: Introduction to Spanish language and culture. Students will learn basic vocab numbers, colors, common phrases, months and days. Students will also explore music, geography, and cultural crafts. Special Note: Students will enjoy a fiesta on the last day (June 22).

## **Kids Yoga & Mindfulness Camp**

Dates: June 12, 19 and 26, 2023

Days: Mondays

Time: 11:00am-12:30pm

Grades: 1st-4th (incoming)

Instructors: Ashley Winger & Sarah Jansen

Location: SCPA Annex

Maximum spots available: 15

Students will explore yoga postures, read stories, learn fun breath practices to help regulate emotions, mindfully experience their summer in a fun and creative way. Please note: Students will need to bring a water bottle and their own yoga mat or beach towel.

## **Creative Writing: Picture Book Writing**

Dates: June 12 & 14, June 19 & 21, June 26 & 28, 2023

Days: Mondays & Wednesdays

Time: 12:30-1:30pm

Grades: 4th-6th (incoming)

Instructors: Amanda Preisler

Location: SCPA Room 126

Maximum spots available: 15

Students will learn how to write and illustrate a picture book, learning all aspects of a story as well as the brainstorming, drafting, and revising stages. Students will learn about illustration and how it is equally part of the text in picture books.

## **Altius Speed**

Dates: June 12, 14, 19, 21, 26, & 28, 2023

Days: Mondays & Wednesday

Time: 1:00-2:00pm

Grades: 2nd-4th (incoming)

Instructor: Altius Staff

Location: Altius Sports Performance, 14382 60th St N, Stillwater, MN 55082

Maximum spots available: 20

Exercise focused to teach and empower athletes to move effectively and efficiently in order to maximize speed, quickness, power and injury resiliency through evidence and encouragement-based instruction. Students will need to be dropped off and picked up at Altius Sports Performance. A waiver will be provided by Altius that must be completed prior to the first session.

## **Violin Ensemble-Beginner**

Dates: June 15, 22, 29 and July 13, 20, 27, 2023

Days: Thursdays

Time: 10:00-11:00am

Grades: 3rd-6th (incoming)

Instructors: Joan Molloy

Location: Orchestra Room

Maximum spots available: 20

Join us as we improve our ensemble skills and prepare for the upcoming school year!  
Special note: This program is a series of dates and designed for students who have one to two years of playing and reading experience. Student will need to bring their own violin.

Questions? Email Joan at [joanmolloy@stcroixprep.org](mailto:joanmolloy@stcroixprep.org).

## **Altius Speed 2**

Dates: July 10, 12, 17, 19, 24 & 26

Days: Mondays & Wednesday

Time: 1:00-2:00pm

Grades: 2nd-4th (incoming)

Instructor: Altius Staff

Location: Altius Sports Performance, 14382 60th St N, Stillwater, MN 55082

Maximum spots available: 20

Exercise focused to teach and empower athletes to move effectively and efficiently in order to maximize speed, quickness, power and injury resiliency through evidence and encouragement-based instruction. Students will need to be dropped off and picked up at Altius Sports Performance. A waiver will be provided by Altius that must be completed prior to the first session.

## **Spanish for Beginners**

Dates: July 10-14, 17-21, and 24-28

Days: Monday - Friday

Time: 8:30 - 9:30 am

Grades: 3rd - 4th (incoming)

Instructor: University of Wisconsin-River Falls Professor, Carlos Rojas

Location: St. Croix Prep Classroom TBD

Maximum Spots Available: 20

Students will learn to introduce themselves, express their feelings and likes and dislikes, tell time, and explore basic vocabulary related to food, domestic animals, colors, and nature. Please note: No prior knowledge of Spanish required and this program is a series of three weeks.

## **Interactive Storytelling in Spanish**

Dates: July 10-14, 17-21, and 24-28

Days: Monday - Friday

Time: 9:45 - 10:45 am

Grades: 4th - 6th (incoming)

Instructor: University of Wisconsin-River Falls Professor, Carlos Rojas

Location: St. Croix Prep Classroom TBD

Maximum Spots Available: 20

Students will explore simple Spanish stories through music, art, games, and collaborative storytelling. Please note: Some knowledge of Spanish is helpful but not required and this program is a series of three weeks.

## ***Overnight trips***

No overnight trips are planned for Lower School students.