

Wellness Policy Committee Meeting

Meeting Minutes

February 16, 2024

Present: Marianne Thole, Terri Smith, Alec Brandt, Rita Thorson, Lauren Moore, Anna Tiffany, Elizabeth Werner, Robin Moore, Christine Mehlhorn

Absent: Joann Karetov, Kelly Gutierrez, Medora Benson, Laura Pidgeon, Susan Schultz, Jessica Skilling, SallyAnn Schneider

Updates:

Power Up: Rita has requested flyers and they have arrived for lower school students. Rita will work this into the “buddy” program with the upper school students. Potential time line for taste testing is March or April. Need answers on reimbursement for veggies, how this works and what is the budget

Reading Hammocks: Christine sent out information on the reading hammocks. See link in November minutes for more information. Need to ask long term questions with Bill regarding cost, where it could be located, pursue this for next year?

Food news: Update on menu items, hydroponics tour (great idea but should focus on current garden projects), farm to school meetings, taste testing

Mental health lessons are being used in MS and US curriculum. Social and emotional learning. Anna Tiffany and Robin Moore

Kelly G was meeting with an Eagle Scout to talk about a potential project that would benefit the school.

Grants? Any grant ideas can be sent to Rita and her leadership class will look into them and start the background research.

Connect with Laura regarding the garden updates. Is help needed for planting seedlings? We now have 2 mini greenhouses available. Could volunteer hours be used to help? Is there any interest in a garden club? Is there any buy in to using gardening in the curriculum?

Elizabeth shared great pictures of a school garden overlooking Lake Michigan.



Look for updates for one last meeting, potentially Friday, May 31st in the morning. Stay tuned!