

Wellness Policy Committee Meeting

Meeting Minutes

August 20, 2024

Present: Marianne Thole, Terri Smith, Rita Thorson, Lauren Moore, Anna Tiffany, Christine Mehlhorn, Elizabeth Werner, Caroline White, Jessica Skilling

Absent: Joann Karetov, Medora Benson, Laura Pidgeon, Susan Schultz, Laura Pidgeon, Alec Brandt, Kelly Gutierrez

Updates:

Dates for meetings have been scheduled: September 30, November 1st and February 17th. All meetings will be at 8:30 AM in the Collaboration Room. Look for a calendar invite soon.

Grant updates:

Terri, Rita and Marianne have secured grant funding through SHIP (\$4000) to be used towards the purchase of snowshoes for MS and US phy-ed classes.

2nd grant opportunity that has been applied for (\$5000) through Living Healthy Washington County, for a second set of snowshoes that could be used for staff. The hope is for staff to use these for a scheduled session during PD days and increase the usage of the trail during the winter months, the overall mental and physical wellbeing for staff. This set of snowshoes would also be used by the US phy-ed classes. We are hoping to hear if we have received this award soon.

3rd grant opportunity is through Living Healthy Washington County for up to \$5000 and is due by October 31, 2024. This grant would focus on onsite gardens for student engagement, education, community building and focus on improving existing structures. Elizabeth Werner, Laura Pidgeon and Caroline White put together a presentation for their vision of the garden area behind the AUX gym. The top priorities are: a storage shed, fencing, in-ground beds, irrigation and soil testing. They have been on garden tours around the area, met with master gardeners and made many local connections who are interested in the project. Laura is going to share the presentation and when she does, I will send it out.



Items to discuss for next meeting:

Grant updates

Mission statement or what is the purpose of the school garden?