

Wellness Policy Committee Meeting

Meeting Minutes

February 2, 2026

Present: Marianne Thole, Lauren Moore, Christine Mehlhorn, Rita Thorson, Anna Tiffany, Terri Smith, Robin Moore

Absent: Jessica Skilling, Susan Schultz, Medora Benson, Willa Lovett, Claire North, Alec Brandt, Elizabeth Werner, Nicole Dockham, Joanne Karetov, Jenn Fuchs, Hannah Walsh

- Mental health - Youth Frontier Retreat for 7th grade on January 28, 2025. Rita reported that the retreat was a very positive experience for both the 7th grade participants and also the US Leadership and Student Council students who helped facilitate the small groups. Marathon \$ was the source of funding for this event. Is there a possibility of doing this for the 4th and / or 5th grade students next year? Look into grants for funding
- Elizabeth would like to submit a grant for the garden area. The grant is due February 26th.
- Farm to School Institute - June 15-17, 2026. Looking for additional members (one from each division) and possibly principal participation. Info is in the Staff Weekly. Anna T is interested in attending
- Power Up- MT will continue to reach out to Power Up. Lower School received newsletters that have been distributed.
- Wellness Policy has been approved by the School Board
 - [533 Clean 100325](#)
 - Clothing recycle bin for outside
 - Rita will email and follow up - Rita has not heard back from them. Suggested having the Vets do a pick up
- Adopt the process/procedure that parent group uses for spending Wellness Funds - **MT will work with Chad/Susan to make changes for Wellness Committee**
 - If you would like to request Wellness Committee funds for a special project or initiative, there is a [process](#) to follow and [form](#) to submit. **(These need to be edited)** All requests will be approved by division principal before it is submitted to the Wellness Committee for review/voting/approval



Follow up on:

- Signage for the trail (previous SHIP grant funds?) check with Beth and Bill
- Maintenance plan for the trail? May need more class 5 - where do these funds come from? Bill or wellness?
- SHIP grant applied for by Terri for an outdoor hydration station for outside the AUX gym, a fountain and a bottle filler station
- Marianne asked for members to take over the Wellness Committee or Co-lead the committee
- Look into a policy for Memorials - Radecki family would like to put a bench/plaque along trail - Action item for next meeting

The next meeting is May 4th.

Marianne will update the 25/26 Action Plan and minutes.

Staff update is the place to look for any information on grants and wellness.